# ARE YOU READY FOR BURST AND BOOST TRAINING?

#### WHAT ARE BURSTS?

SHORT ( USUALLY 5-7 MINUTE ) MICRO-VIDEO LESSONS.

#### WHAT ARE BOOSTS?

OPPORTUNITIES FOR EFFORTFUL RECALL PROVIDED TO A LEARNER IN THE DAYS AND WEEKS FOLLOWING TRAINING.

#### HOW WILL **BURSTS** AND **BOOSTS** HELP ME OVERCOME MY TRAINING CHALLENGES?

### TOP TWO

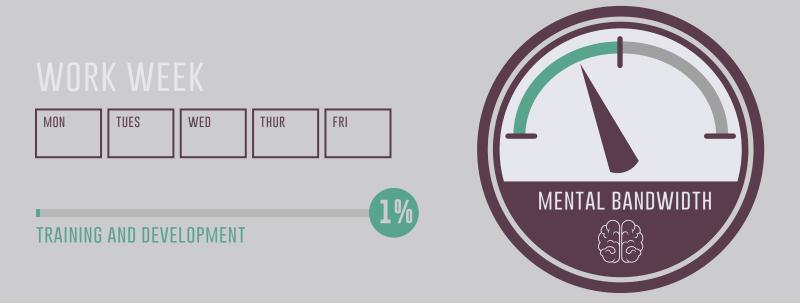
# TRAINING CHALLENGES



#### HOW B & B HELPS YOU OVERCOME THEM

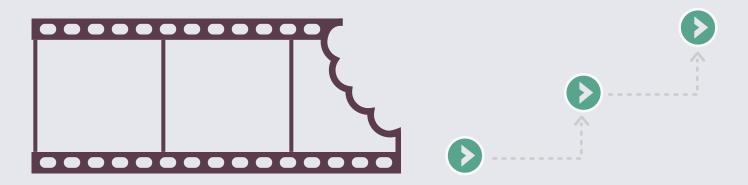


#### LEARNERS ARE OVERWHELMED, DISTRACTED, IMPATIENT AND ONLY SPEND **1%** OF THE WORK WEEK ON TRAINING AND DEVELOPMENT.



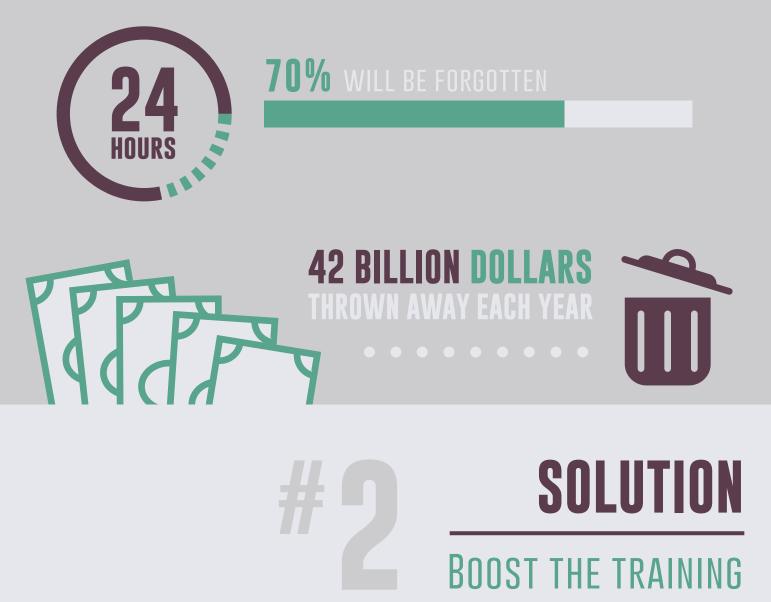


BURST-STYLE TRAINING KEEPS LEARNERS ENGAGED AND ADDRESSES MODERN WORKPLACE NEEDS. IT LOWERS THE COGNITIVE LOAD AND INCREASES LEARNING RETENTION.



# TRAINING CHALLENGE MEASURING TRAINING ROI

**60 BILLION** DOLLARS IS SPENT ON EMPLOYEE TRAINING AND DEVELOPMENT EACH YEAR. PEOPLE FORGET **70%** OF WHAT THEY LEARN WITHIN **24 HOURS** OF LEARNING A NEW SKILL. **42 BILLION** DOLLARS IS THROWN AWAY ON TRAINING EACH YEAR BECAUSE OF RETENTION.



PROVIDE LEARNERS WITH AN OPPORTUNITY TO RECALL THE KEY LEARNING OBJECTIVES OF A NEW SKILL. WHAT YOU DO AFTER TRAINING IS MORE IMPORTANT THAN WHAT YOU DO DURING TRAINING.

## **BURST + BOOST=** ONE HAPPY TRAINING EXPERIENCE

**PROVIDING LEARNERS WITH** 



#### **RETENTION INCREASES FROM**



#### WHEN MULTIPLE REINFORCEMENTS ARE ADDED TO TRAINING PROGRAMS

READY TO EXPERIENCE BURSTS AND BOOSTS FOR YOURSELF? START YOUR FREE 30 DAY TRIAL TODAY.

#### FREE TRIAL

IMPROVE YOUR EMPLOYEES' OVERALL TRAINING EXPERIENCE!



Source: https://www.bersin.com/Practice/Detail.aspx?id=1807